



#### 40 Mitchell Ave, Binghamton, NY 13903 Phone:(607) 723-1676

Patient Name:Sidney GloverMRN #: 7694Birth Year:Height:Weight:Hypertension: S1

### **Blood Pressure Averages**

**Blood Pressure Averages::Weekly** 

Week	Systolic(n)	Diastolic(n)	Pulse(n)
12-24-2023	135 (1)	81 (1)	68 (1)
12-03-2023	120 (1)	60 (1)	76 (1)
11-19-2023	120 (1)	70 (1)	64 (1)
11-12-2023	110 (1)	68 (1)	64 (1)

**Blood Pressure Averages:: Monthly** 

Month-Year	Systolic(n)	Diastolic(n)	Pulse(n)
11-2023	115 (2)	69 (2)	64 (2)

**Blood Pressure Averages:: Quaterly** 

Quarter-Year	Systolic(n)	Diastolic(n)	Pulse(n)
10-2023	115 (2)	69 (2)	64 (2)

**Blood Pressure Averages:: Yearly** 

Year	Systolic(n)	Diastolic(n)	Pulse(n)
2023	115 (2)	69 (2)	64 (2)

# **Blood Sugar Averages**

Week	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
12-31- 2023							
12-23- 2023							
12-15- 2023							
12-07- 2023							

Month- Year	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
12-2023							
11-2023							
10-2023							
09-2023							

Year	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-01- 2023							

01-01- 2022				
01-01- 2021				

### **Chat**

Sender	Receiver	Messege	Date&Time
null Sue Ward	Sidney Glover	Good Morning the providers and staff of Diabetic Care Associates and Whiting Spring Center for Hypertension Management would like to wish you all a very happy and healthy Holiday season. We look forward to seeing you in 2024. Please make next year's resolution to being Healthy. Please bring in any new insurance cards at every visit. If you have not received the card you will need to call your insurance company prior to your visit and request the card. As always the insurance card and copay are required at time of visit as well as balance owed. Thank you and Happy New Year	20-12-2023
null Sue Ward	Sidney Glover	Happy Thanksgiving We are going to be closed on Thursday and Friday. Have a wonderful holiday	22-11-2023

### **Reading Trends**

- 1. Systolic and Diastolic Blood Pressure mmHg
- 2. Pulse Beats per minute
- 3. Blood Sugar mg / dl , 45 mg 2.5 mmol / l

### **Variability Trends**

- 1. CV Coefficient of Variation
- 2. SV stroke volume (SV) using arterial blood pressure –SV equaled PP (SBP-DBP) divided by the sum of SBP and DB
- 3. ARV Absolute Real Varibility

4. SD – Standard Deviation
Kalman Trends
1. Mean(Arithmetic Mean) – Mean is the average of a set of numbers
2. SD – Standard Deviation
3. V- Variance
AASI Trends
1. AASI: Ambulatory Arterial Stiffness Index (AASI) has been proposed as an indirect and simpler method to estimate the Arterial Stiffness (AS).
2. PP- Pulse pressure
HbA1c Trends
1. HbA1c stands for glycated hemoglobin

#### **CGM Trends**

#### **Others Trends**

- 1. AP- Advanced Placement
- 2. PV- Proportional Variability
- 3. S Mean-Systolic Mean
- 4. D Mean- Diastolic Mean
- 5. Map PP Ratio- Map Pulse Pressure Ratio
- 6. PSR- Pulse stiffening ratio. (PSR = SBP/DBP or slope of systolic BP/slope of diastolic BP)
- 7. HASI- Home arterial stiffness index
- 8. HSASI- Home Symmetric arterial stiffness index

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