



40 Mitchell Ave, Binghamton, NY 13903 Phone:(607) 723-1676

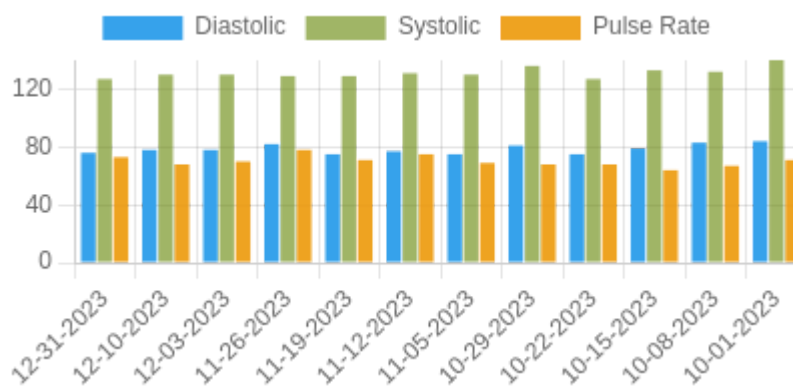
Patient Name: Penny Hirst
Height:

MRN #: 7757
Weight:

Birth Year:
Hypertension: S1

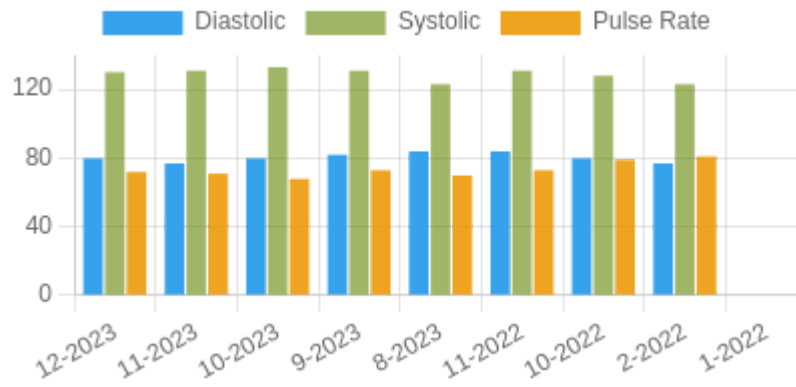
Blood Pressure Averages

Blood Pressure Averages::Weekly



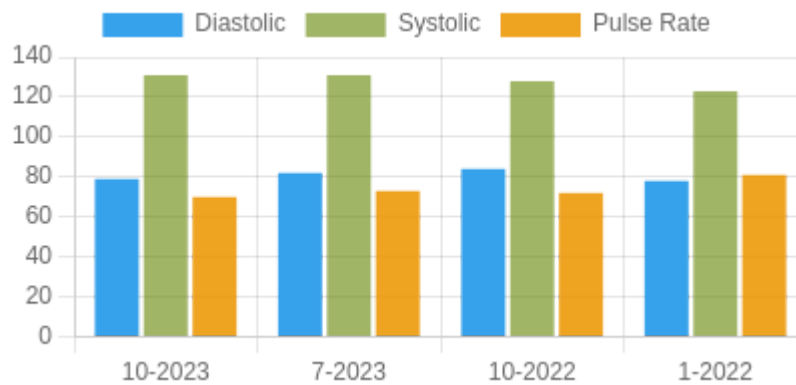
| Week | Systolic(n) | Diastolic(n) | Pulse(n) |
|------------|-------------|--------------|----------|
| 12-31-2023 | 127 (10) | 76 (10) | 73 (10) |
| 12-10-2023 | 130 (7) | 78 (7) | 68 (7) |
| 12-03-2023 | 130 (21) | 78 (21) | 70 (21) |
| 11-26-2023 | 129 (22) | 82 (22) | 78 (22) |
| 11-19-2023 | 129 (25) | 75 (25) | 71 (25) |
| 11-12-2023 | 131 (15) | 77 (15) | 75 (15) |
| 11-05-2023 | 130 (24) | 75 (24) | 69 (24) |
| 10-29-2023 | 136 (18) | 81 (18) | 68 (18) |
| 10-22-2023 | 127 (16) | 75 (16) | 68 (16) |
| 10-15-2023 | 133 (20) | 79 (20) | 64 (20) |
| 10-08-2023 | 132 (19) | 83 (19) | 67 (19) |
| 10-01-2023 | 140 (14) | 84 (14) | 71 (14) |

Blood Pressure Averages:: Monthly



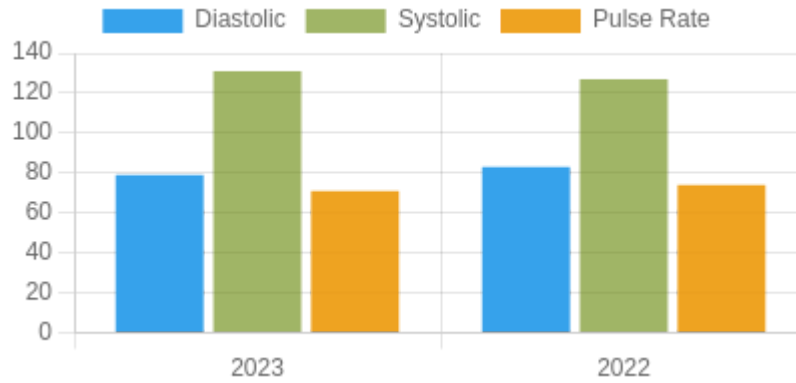
| Month-Year | Systolic(n) | Diastolic(n) | Pulse(n) |
|------------|-------------|--------------|----------|
| 12-2023 | 130 (38) | 80 (38) | 72 (38) |
| 11-2023 | 131 (90) | 77 (90) | 71 (90) |
| 10-2023 | 133 (78) | 80 (78) | 68 (78) |
| 9-2023 | 131 (49) | 82 (49) | 73 (49) |
| 8-2023 | 123 (22) | 84 (22) | 70 (22) |
| 11-2022 | 131 (34) | 84 (34) | 73 (34) |
| 10-2022 | 128 (2) | 80 (2) | 79 (2) |
| 2-2022 | 123 (13) | 77 (13) | 81 (13) |
| 1-2022 | 0 (0) | 0 (0) | 0 (0) |

Blood Pressure Averages:: Quaterly



| Quarter-Year | Systolic(n) | Diastolic(n) | Pulse(n) |
|--------------|-------------|--------------|----------|
| 10-2023 | 131 (206) | 79 (206) | 70 (206) |
| 7-2023 | 131 (49) | 82 (49) | 73 (49) |
| 10-2022 | 128 (56) | 84 (56) | 72 (56) |
| 1-2022 | 123 (15) | 78 (15) | 81 (15) |

Blood Pressure Averages:: Yearly



| Year | Systolic(n) | Diastolic(n) | Pulse(n) |
|------|-------------|--------------|----------|
| 2023 | 131 (255) | 79 (255) | 71 (255) |
| 2022 | 127 (71) | 83 (71) | 74 (71) |

Blood Sugar Averages

| Week | Before breakfast | 2 hours before breakfast | Before lunch | 2 hours after lunch | Before dinner | 2 hours after dinner | Bedtime |
|------------|------------------|--------------------------|--------------|---------------------|---------------|----------------------|---------|
| 01-07-2024 | 222(3) | | 271(4) | | 272(3) | | |
| 12-30-2023 | | | | | | | |
| 12-22-2023 | | | | | | | |
| 12-14-2023 | 108(7) | | 133(6) | | 128(6) | | |

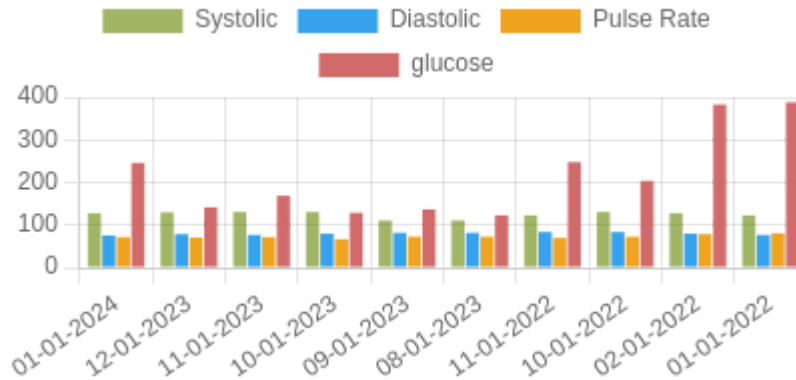
| Month-Year | Before breakfast | 2 hours before breakfast | Before lunch | 2 hours after lunch | Before dinner | 2 hours after dinner | Bedtime |
|------------|------------------|--------------------------|--------------|---------------------|---------------|----------------------|---------|
| 01-2024 | 222(3) | | 271(4) | | 272(3) | | |
| 12-2023 | 125(13) | | 160(13) | | 157(12) | | |
| 11-2023 | 151(36) | 283(3) | 172(24) | 216(4) | 164(21) | 168(2) | |
| 10-2023 | 146(28) | | 125(26) | | 114(22) | 201(2) | |

| Year | Before breakfast | 2 hours before breakfast | Before lunch | 2 hours after lunch | Before dinner | 2 hours after dinner | Bedtime |
|------------|------------------|--------------------------|--------------|---------------------|---------------|----------------------|---------|
| 01-01-2024 | 222(3) | | 271(4) | | 272(3) | | |
| 01-01-2023 | 147(101) | 228(5) | 143(75) | 216(5) | 138(73) | 199(5) | |
| 01-01-2022 | | 216(52) | 337(6) | 379(1) | 328(2) | 370(6) | |

Chat

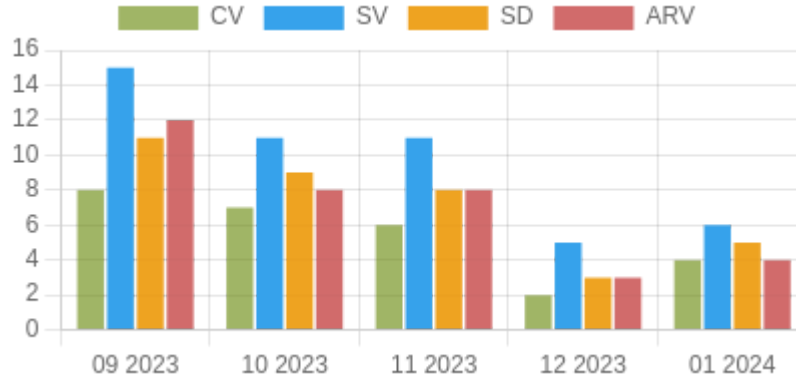
| Sender | Receiver | Message | Date&Time |
|---------------|-------------|---|------------|
| null Sue Ward | Penny Hirst | Good Morning the providers and staff of Diabetic Care Associates and Whiting Spring Center for Hypertension Management would like to wish you all a very happy and healthy Holiday season. We look forward to seeing you in 2024. Please make next year's resolution to being Healthy. Please bring in any new insurance cards at every visit. If you have not received the card you will need to | 20-12-2023 |

Reading Trends



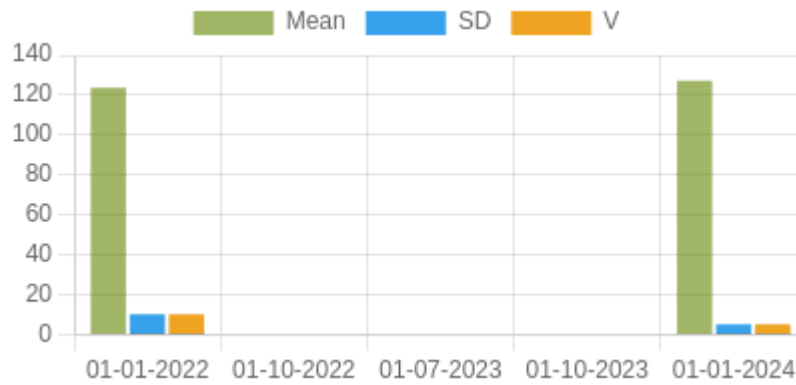
1. Systolic and Diastolic Blood Pressure – mmHg
2. Pulse – Beats per minute
3. Blood Sugar – mg / dl , 45 mg – 2.5 mmol / l

Variability Trends



1. CV – Coefficient of Variation
2. SV – stroke volume (SV) using arterial blood pressure –SV equaled PP (SBP-DBP) divided by the sum of SBP and DB
3. ARV – Absolute Real Variability
4. SD – Standard Deviation

Kalman Trends

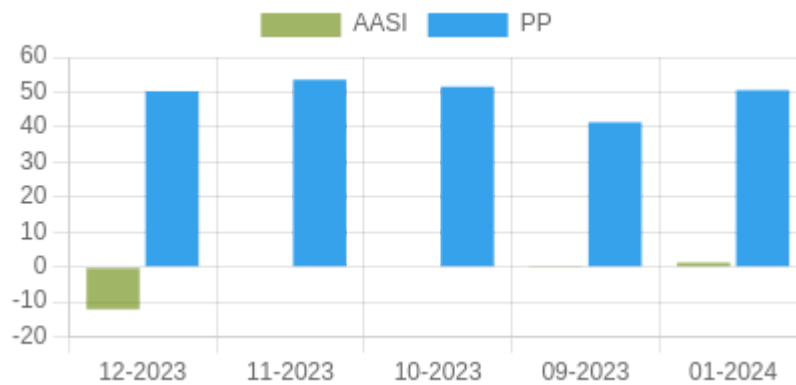


1. Mean(Arithmetic Mean) – Mean is the average of a set of numbers

2. SD – Standard Deviation

3. V- Variance

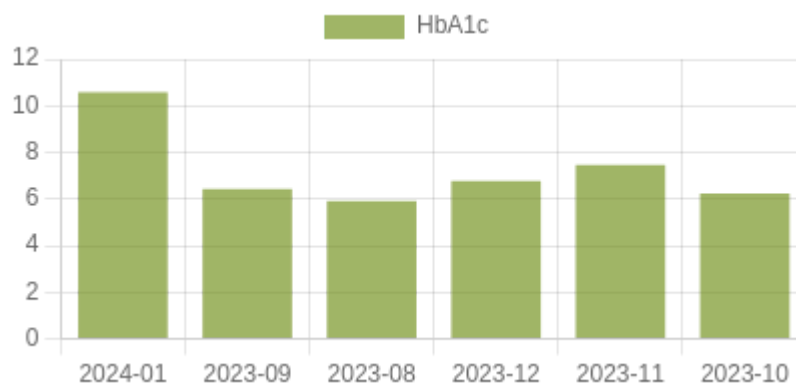
AASI Trends



1. AASI: Ambulatory Arterial Stiffness Index (AASI) has been proposed as an indirect and simpler method to estimate the Arterial Stiffness (AS).

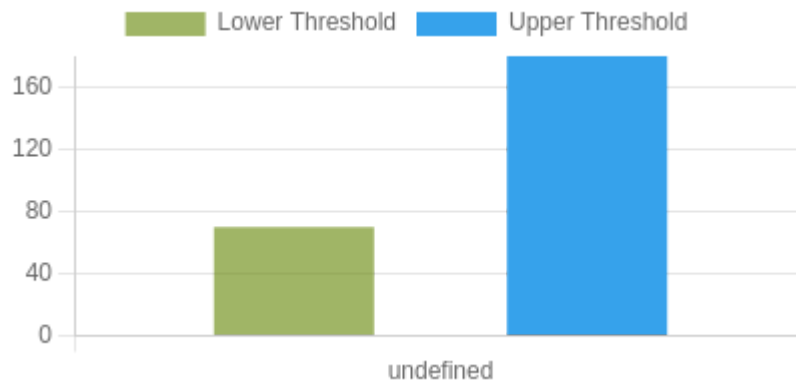
2. PP- Pulse pressure

HbA1c Trends

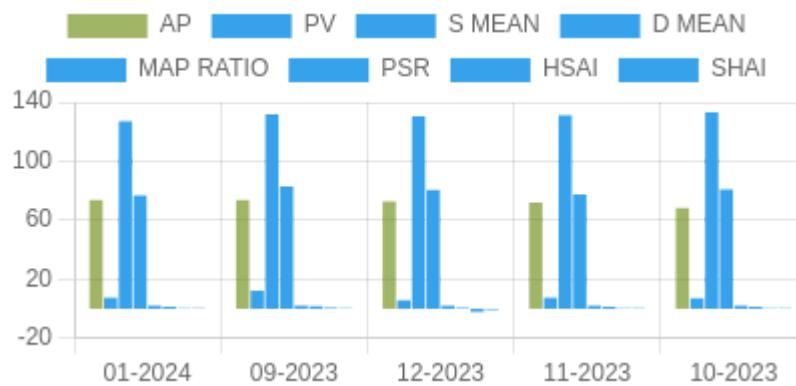


1. HbA1c stands for glycated hemoglobin

CGM Trends



Others Trends



1. AP- Advanced Placement
2. PV- Proportional Variability
3. S Mean- Systolic Mean
4. D Mean- Diastolic Mean
5. Map PP Ratio- Map Pulse Pressure Ratio
6. PSR- Pulse stiffening ratio. (PSR = SBP/DBP or slope of systolic BP/slope of diastolic BP)
7. HASI- Home arterial stiffness index
8. HSASI- Home Symmetric arterial stiffness index

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