



40 Mitchell Ave, Binghamton, NY 13903 Phone:(607) 723-1676

Patient Name: E Kim Zaverton
Height:

MRN #: 7810
Weight:

Birth Year:
Hypertension: S1

Blood Pressure Averages

Blood Pressure Averages::Weekly

Week	Systolic(n)	Diastolic(n)	Pulse(n)
12-31-2023	111 (1)	71 (1)	69 (1)
10-01-2023	128 (1)	79 (1)	62 (1)
08-27-2023	119 (1)	77 (1)	71 (1)
08-20-2023	109 (1)	76 (1)	71 (1)
08-13-2023	121 (1)	72 (1)	78 (1)
07-30-2023	125 (1)	85 (1)	72 (1)
07-23-2023	122 (4)	83 (4)	72 (4)
07-16-2023	116 (1)	73 (1)	69 (1)
07-09-2023	118 (2)	87 (2)	78 (2)
07-02-2023	115 (4)	79 (4)	72 (4)

Blood Pressure Averages:: Monthly

Month-Year	Systolic(n)	Diastolic(n)	Pulse(n)
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10-2023	128 (1)	79 (1)	62 (1)
8-2023	118 (4)	77 (4)	73 (4)
7-2023	118 (11)	81 (11)	73 (11)
6-2023	117 (8)	74 (8)	75 (8)
5-2023	126 (3)	77 (3)	69 (3)
4-2023	119 (7)	79 (7)	74 (7)
3-2023	121 (5)	80 (5)	72 (5)
2-2023	123 (6)	78 (6)	76 (6)
1-2023	120 (9)	78 (9)	72 (9)
12-2022	121 (5)	79 (5)	71 (5)
11-2022	118 (3)	74 (3)	79 (3)
10-2022	119 (10)	80 (10)	74 (10)

Blood Pressure Averages:: Quaterly

Quarter-Year	Systolic(n)	Diastolic(n)	Pulse(n)
10-2023	128 (1)	79 (1)	62 (1)
7-2023	118 (15)	80 (15)	73 (15)
4-2023	119 (18)	76 (18)	74 (18)
1-2023	121 (20)	79 (20)	73 (20)
10-2022	119 (18)	79 (18)	74 (18)
7-2022	120 (38)	79 (38)	74 (38)
4-2022	121 (24)	77 (24)	75 (24)

Blood Pressure Averages:: Yearly

Year	Systolic(n)	Diastolic(n)	Pulse(n)
2023	120 (54)	78 (54)	73 (54)
2022	120 (80)	78 (80)	74 (80)

Blood Sugar Averages

Week	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-07-2024							
12-30-2023							
12-22-2023							
12-14-2023							

Month-Year	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-2024							
12-2023							
11-2023							
10-2023							

Year	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-01-2024							
01-01-2023							
01-01-2022							

Chat

Sender	Receiver	Message	Date&Time
null Sue Ward	E Kim Zaverton	Good Morning the providers and staff of Diabetic Care Associates and Whiting Spring Center for Hypertension Management would like to wish you all a very happy and healthy Holiday season. We look forward to seeing you in 2024. Please make next year's resolution to being Healthy. Please bring in any new insurance cards at every visit. If you have not received the card you will need to call your insurance company prior to your visit and request the card. As always the insurance card and copay are required at time of visit as well as balance owed. Thank you and Happy New Year	20-12-2023

Reading Trends

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1. **Systolic and Diastolic Blood Pressure – mmHg**
 2. **Pulse – Beats per minute**
 3. **Blood Sugar – mg / dl , 45 mg – 2.5 mmol / l**

Variability Trends

1. **CV – Coefficient of Variation**
2. **SV – stroke volume (SV) using arterial blood pressure –SV equaled PP (SBP-DBP) divided by the sum of SBP and DB**
3. **ARV – Absolute Real Variability**
4. **SD – Standard Deviation**

Kalman Trends

1. **Mean(Arithmetic Mean) – Mean is the average of a set of numbers**
2. **SD – Standard Deviation**
3. **V- Variance**

AASI Trends

1. AASI: Ambulatory Arterial Stiffness Index (AASI) has been proposed as an indirect and simpler method to estimate the Arterial Stiffness (AS).

2. PP- Pulse pressure

HbA1c Trends

1. HbA1c stands for glycated hemoglobin

CGM Trends

Others Trends

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1. AP- Advanced Placement
 2. PV- Proportional Variability
 3. S Mean- Systolic Mean
 4. D Mean- Diastolic Mean
 5. Map PP Ratio- Map Pulse Pressure Ratio
 6. PSR- Pulse stiffening ratio. (PSR = SBP/DBP or slope of systolic BP/slope of diastolic BP)
 7. HASI- Home arterial stiffness index
 8. HSASI- Home Symmetric arterial stiffness index

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