



#### 40 Mitchell Ave, Binghamton, NY 13903 Phone:(607) 723-1676

Patient Name: Janet ThomasMRN #: 3572Birth Year:Height:Weight:Hypertension:

#### **Blood Pressure Averages**

**Blood Pressure Averages::Weekly** 

| Week Systolic Diastolic Pulse Systolic(n) Diastolic(n) Pulse(n) |
|-----------------------------------------------------------------|
|-----------------------------------------------------------------|

**Blood Pressure Averages:: Monthly** 

| Month-Year Sys | ystolic Diastolic | Pulse | Systolic(n) | Diastolic(n) | Pulse(n) |
|----------------|-------------------|-------|-------------|--------------|----------|
|----------------|-------------------|-------|-------------|--------------|----------|

**Blood Pressure Averages:: Quaterly** 

| Quarter-Year | Systolic | Diastolic | Pulse | Systolic(n) | Diastolic(n) | Pulse(n) |
|--------------|----------|-----------|-------|-------------|--------------|----------|

**Blood Pressure Averages:: Yearly** 

|  | Year | Systolic | Diastolic | Pulse | Systolic(n) | Diastolic(n) | Pulse(n) |
|--|------|----------|-----------|-------|-------------|--------------|----------|
|--|------|----------|-----------|-------|-------------|--------------|----------|

# **Blood Sugar Averages**

| Week           | Before<br>breakfast | 2 hours before<br>breakfast | Before<br>lunch | 2 hours after lunch | Before<br>dinner | 2 hours after<br>dinner | Bedtime |
|----------------|---------------------|-----------------------------|-----------------|---------------------|------------------|-------------------------|---------|
| 2022-06-<br>02 | 0(0)                | 0(0)                        | 97(1)           | 0(0)                | 0(0)             | 0(0)                    | 0(0)    |

| Month-<br>Year | Before<br>breakfast | 2 hours before<br>breakfast | Before<br>lunch | 2 hours after lunch | Before<br>dinner | 2 hours after<br>dinner | Bedtime |
|----------------|---------------------|-----------------------------|-----------------|---------------------|------------------|-------------------------|---------|
| 06-2022        | 0(0)                | 0(0)                        | 97(1)           | 0(0)                | 0(0)             | 0(0)                    | 0(0)    |

| Quarter-<br>Year | Before<br>breakfast | 2 hours before<br>breakfast | Before<br>lunch | 2 hours after lunch | Before<br>dinner | 2 hours after<br>dinner | Bedtime |
|------------------|---------------------|-----------------------------|-----------------|---------------------|------------------|-------------------------|---------|
| 06-2022          | 0(0)                | 0(0)                        | 97(1)           | 0(0)                | 0(0)             | 0(0)                    | 0(0)    |

| Year | Before<br>breakfast | 2 hours before<br>breakfast | Before<br>lunch | 2 hours after lunch | Before<br>dinner | 2 hours after<br>dinner | Bedtime |
|------|---------------------|-----------------------------|-----------------|---------------------|------------------|-------------------------|---------|
| 2022 | 0(0)                | 0(0)                        | 97(1)           | 0(0)                | 0(0)             | 0(0)                    | 0(0)    |

### **Problem List**

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## **All Time Spent**

| Month | Time |
|-------|------|
| 1     | 0    |
| 2     | 0    |
| 3     | 0    |
| 4     | 0    |
| 5     | 0    |
| 6     | 0    |

#### **Chat**

| Sender Receiver | Messege | Date&Time |
|-----------------|---------|-----------|
|-----------------|---------|-----------|

# **Terms & Conditions Accepted: YES**

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