



40 Mitchell Ave, Binghamton, NY 13903 Phone:(607) 723-1676

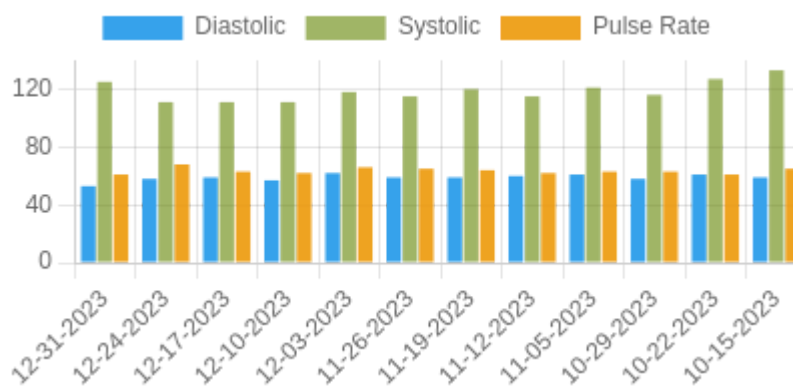
**Patient Name:** Gary Husband  
**Height:**

**MRN #:** 1635  
**Weight:**

**Birth Year:**  
**Hypertension:** S1

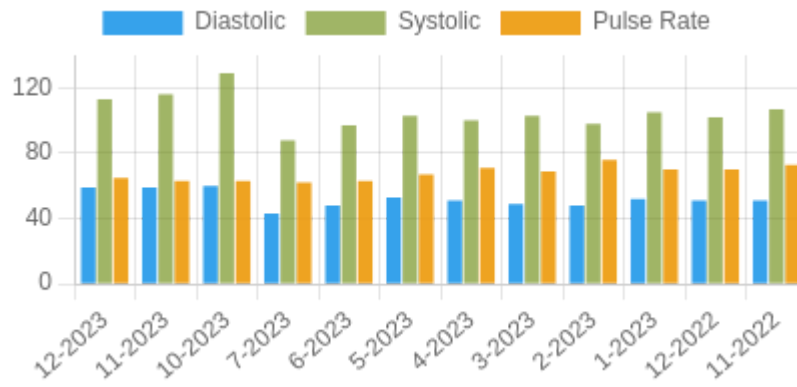
## Blood Pressure Averages

### Blood Pressure Averages::Weekly



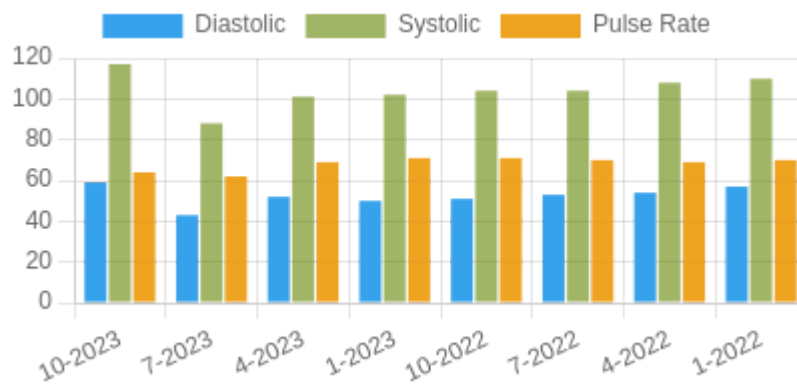
Week	Systolic(n)	Diastolic(n)	Pulse(n)
12-31-2023	125 (1)	53 (1)	61 (1)
12-24-2023	111 (7)	58 (7)	68 (7)
12-17-2023	111 (7)	59 (7)	63 (7)
12-10-2023	111 (7)	57 (7)	62 (7)
12-03-2023	118 (7)	62 (7)	66 (7)
11-26-2023	115 (7)	59 (7)	65 (7)
11-19-2023	120 (8)	59 (8)	64 (8)
11-12-2023	115 (8)	60 (8)	62 (8)
11-05-2023	121 (6)	61 (6)	63 (6)
10-29-2023	116 (9)	58 (9)	63 (9)
10-22-2023	127 (7)	61 (7)	61 (7)
10-15-2023	133 (4)	59 (4)	65 (4)

### Blood Pressure Averages:: Monthly



Month-Year	Systolic(n)	Diastolic(n)	Pulse(n)
12-2023	113 (31)	59 (31)	65 (31)
11-2023	116 (32)	59 (32)	63 (32)
10-2023	129 (14)	60 (14)	63 (14)
7-2023	88 (2)	43 (2)	62 (2)
6-2023	97 (1)	48 (1)	63 (1)
5-2023	103 (20)	53 (20)	67 (20)
4-2023	100 (21)	51 (21)	71 (21)
3-2023	103 (26)	49 (26)	69 (26)
2-2023	98 (24)	48 (24)	76 (24)
1-2023	105 (26)	52 (26)	70 (26)
12-2022	102 (24)	51 (24)	70 (24)
11-2022	107 (25)	51 (25)	73 (25)

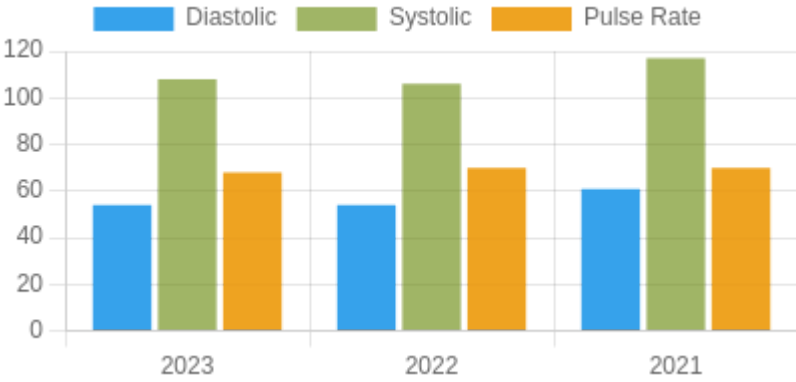
### Blood Pressure Averages:: Quaterly



Quarter-Year	Systolic(n)	Diastolic(n)	Pulse(n)
10-2023	117 (77)	59 (77)	64 (77)
7-2023	88 (2)	43 (2)	62 (2)
4-2023	101 (42)	52 (42)	69 (42)
1-2023	102 (76)	50 (76)	71 (76)
10-2022	104 (70)	51 (70)	71 (70)
7-2022	104 (30)	53 (30)	70 (30)
4-2022	108 (35)	54 (35)	69 (35)

1-2022	110 (58)	57 (58)	70 (58)
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**Blood Pressure Averages:: Yearly**



Year	Systolic(n)	Diastolic(n)	Pulse(n)
2023	108 (197)	54 (197)	68 (197)
2022	106 (194)	54 (194)	70 (194)
2021	117 (28)	61 (28)	70 (28)

**Blood Sugar Averages**

Week	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-07-2024							
12-30-2023							
12-22-2023							
12-14-2023							

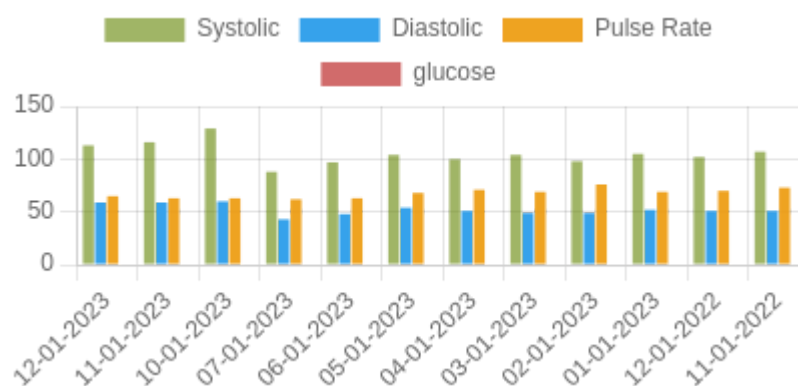
Month-Year	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-2024							
12-2023							
11-2023							
10-2023							

Year	Before breakfast	2 hours before breakfast	Before lunch	2 hours after lunch	Before dinner	2 hours after dinner	Bedtime
01-01-2024							
01-01-2023							
01-01-2022							

**Chat**

Sender	Receiver	Message	Date&Time
null Sue Ward	Gary Husband	Morning I am checking with our billing if you still have to come in. Will call you shortly Sue	02-01-2024
Gary Husband	R.A. Ramanujan , M.D.	ok	02-01-2024
Gary Husband	R.A. Ramanujan , M.D.	Sorry about all the messages... OR I can still keep the 9:00 appointment, talk to Dr. Liu about what's going on with my dad and get my paperwork done. You let me know what will work best for you guys. Thank you so very much!	01-01-2024
Gary Husband	R.A. Ramanujan , M.D.	I was going to do it when I brought dad in for his appointment...	01-01-2024
Gary Husband	R.A. Ramanujan , M.D.	Sue-to add to my message- I still need to have them fill out my FMLA paperwork for my dad. I dropped it off on Friday. Laura said that they usually want to fill it out with me. I told her we actually just did it a couple months ago so they can fill it out exactly like they did before and just fax it to my work. If I still need to come in to do it let me know, call me if you have a moment. I have to do it again because it's a new year.	01-01-2024
Gary Husband	R.A. Ramanujan , M.D.	Sue- my dad will not be at his appointment tomorrow as he's in Lourdes ER overnight for observation. He came in by ambulance today (Monday) with extreme dizziness. In active AFib, low BP, and high heart rate.	01-01-2024
null Sue Ward	Gary Husband	So Dr.Liu is off today but have given the message to Nancy to see if he should hold the medication. I added what you put down in this app Sue	27-12-2023
Gary Husband	R.A. Ramanujan , M.D.	good morning Sue! I wanted to add something to my message to you that I left with Laura this morning in the office. A few weeks back my dad had told me that he was hearing things in the house like somebody was walking around and bumping into things. I told Abby that he has never been in the house during the winter so it's probably just the sound the house makes with the temperature change plus the furnace coming on and off. This was before he started the new antidepressant med. So I'm inclined to think that it's not the medication but I would be curious to see what Dr. Liu says.	27-12-2023
null Sue Ward	Gary Husband	Good Morning the providers and staff of Diabetic Care Associates and Whiting Spring Center for Hypertension Management would like to wish you all a very happy and healthy Holiday season. We look forward to seeing you in 2024. Please make next year's resolution to being Healthy. Please bring in any new insurance cards at every visit. If you have not received the card you will need to call your insurance company prior to your visit and request the card. As always the insurance card and copay are required at time of visit as well as balance owed. Thank you and Happy New Year	20-12-2023
null Sue Ward	Gary Husband	Morning will call you shortly Sue	19-12-2023
Gary Husband	R.A. Ramanujan , M.D.	Good morning! Sue, can you please call me when you are able to? Thank you! —Maureen 607-321-4760	19-12-2023

## Reading Trends

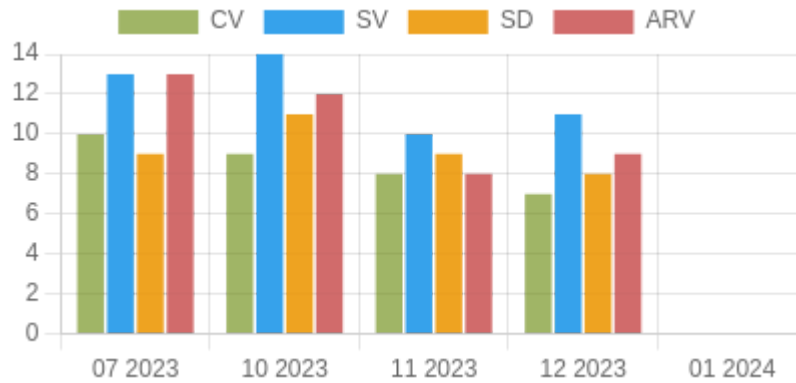


1. Systolic and Diastolic Blood Pressure – mmHg

2. Pulse – Beats per minute

3. Blood Sugar – mg / dl , 45 mg – 2.5 mmol / l

## Variability Trends



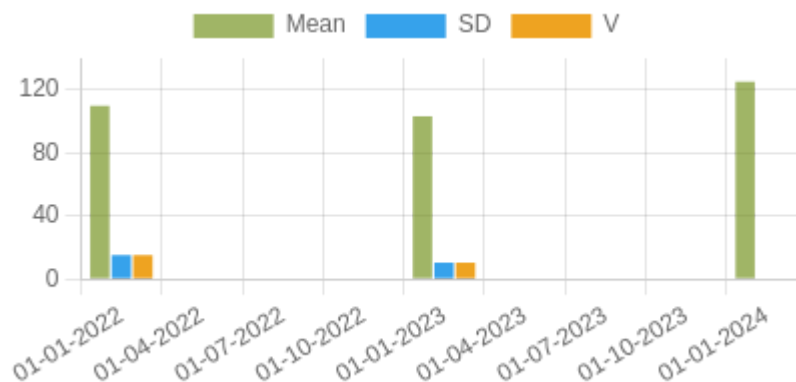
1. CV – Coefficient of Variation

2. SV – stroke volume (SV) using arterial blood pressure –SV equaled PP (SBP-DBP) divided by the sum of SBP and DB

3. ARV – Absolute Real Variability

4. SD – Standard Deviation

## Kalman Trends

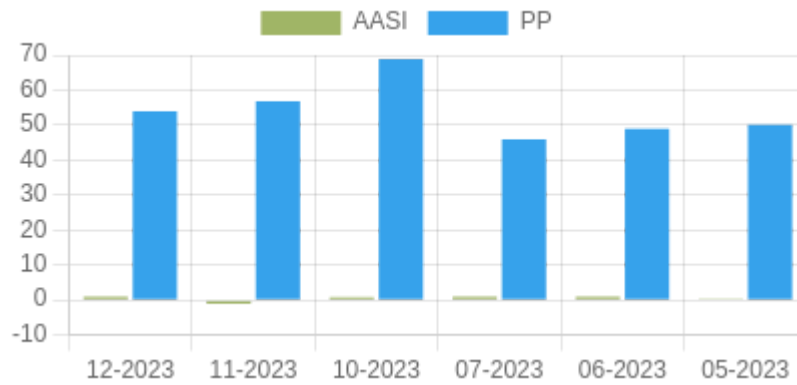


1. Mean(Arithmetic Mean) – Mean is the average of a set of numbers

2. SD – Standard Deviation

3. V- Variance

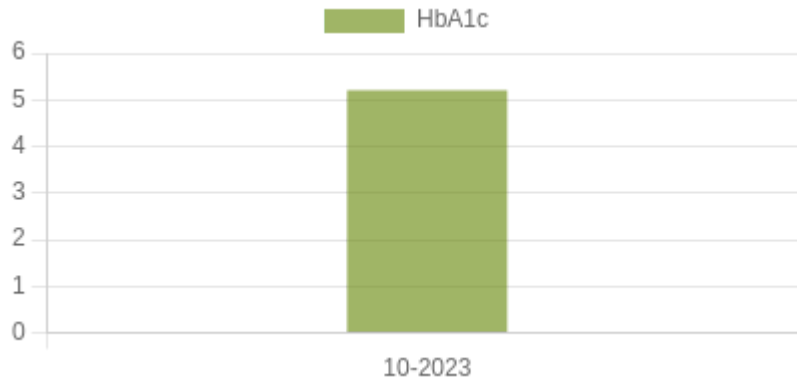
## AASI Trends



1. AASI: Ambulatory Arterial Stiffness Index (AASI) has been proposed as an indirect and simpler method to estimate the Arterial Stiffness (AS).

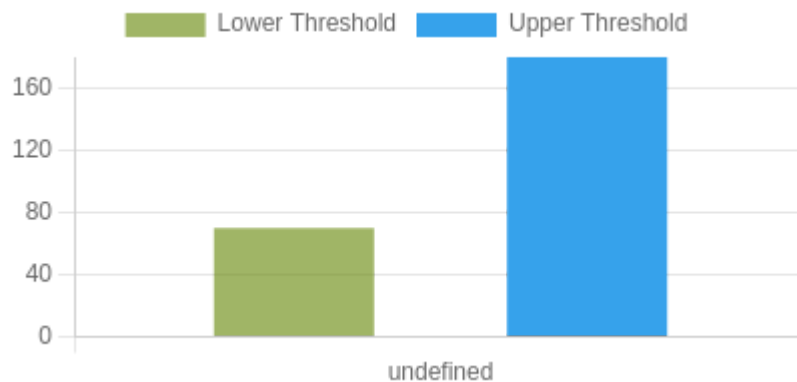
2. PP- Pulse pressure

### HbA1c Trends

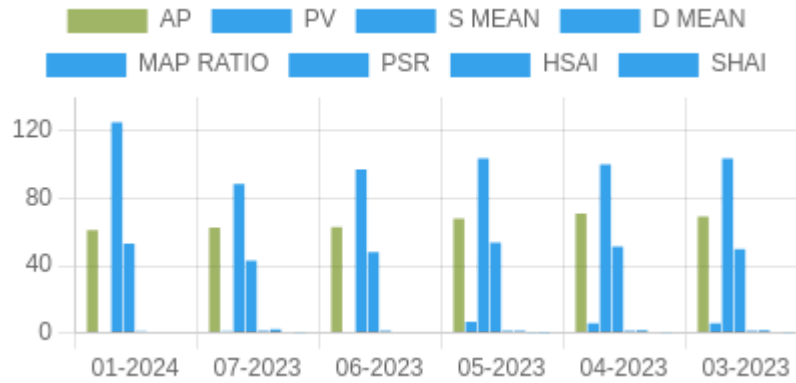


1. HbA1c stands for glycated hemoglobin

### CGM Trends



### Others Trends



1. AP- Advanced Placement
2. PV- Proportional Variability
3. S Mean- Systolic Mean
4. D Mean- Diastolic Mean
5. Map PP Ratio- Map Pulse Pressure Ratio
6. PSR- Pulse stiffening ratio. (PSR = SBP/DBP or slope of systolic BP/slope of diastolic BP)
7. HASI- Home arterial stiffness index
8. HSASI- Home Symmetric arterial stiffness index

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